

About the Science and Pseudoscience of Children's Mental Health

Sharna Olfman, PhD, and contributors including leading researchers, clinicians, and childhood advocates present their research findings and explain the implications for treatment of a range of symptoms, including autism spectrum disorders, attention deficit hyperactivity disorder (ADHD), concussion syndromes, and mood disorders. The book definitively lays to rest the "chemical imbalance theory" of mental illness, a theory that has been roundly discredited by the scientific community but kept alive by the pharmaceutical industry. Chapters focus on the real science of epigenetics and the sensitivity of the developing brain to environmental influences such as trauma and chemical toxins—legitimate research findings that are largely ignored by mental health practitioners and rarely influence practice.

Features:

- Presents a new paradigm for understanding the cause and treatment of children's psychological disturbances based in cutting edge research on the developing brain and epigenetics
- Addresses the latest groundbreaking research on the treatment of concussion syndromes as well as on the cause and treatment of autism spectrum disorders
- Offers strategies that promote healthy brain development and protect against childhood psychological disturbances
- Explains how 21st-century parents' excessive use of cell phones and other mobile devices undermines the quality of attachment and places children at risk for compromised brain development and psychological disturbance